

Types of Bariatric Surgery (click links for more info)	Category (explained above)	Average Long-Term Excess Weight Lost (approx. %)	Complication Rate	Research Ranking* (and reason if below 'A')	Average U.S. Cost (assuming no complications)	Covered by insurance and/or Medicare?
Gastric Bypass (Roux-en-Y)	Combination (primarily restrictive)	50 to 70%	Up to 15%	A	\$15,000 – \$35,000	Yes
Gastric Banding (i.e. Lap Band)	Restrictive	Extremely variable – average is about 50%, but ranges from 25% to 80%	Up to 33%	A	\$10,000 – \$25,000	Yes
Biliopancreatic Diversion with Duodenal Switch (BPD/DS)	Mal-absorptive	65% to 75%	Up to 24%	A	\$20,000 – \$30,000 (plus around \$1,500 per year for bariatric vitamins)	Depends
Vertical Banded Gastroplasty (VBG)	Restrictive	50% to 60%	Up to 21%	B (good option if others won't work, but may be associated with more long-term problems)	\$15,000 – \$25,000	Depends
Gastric sleeve surgery (Vertical Sleeve Gastrectomy)	Restrictive	Needs more long-term research. Studies conducted to date show 65% to 75% range.	Up to 10%	B (looks promising, but needs more research)	\$10,000 – \$20,000	Depends
Mini gastric bypass surgery	Combination (primarily restrictive)	Needs more research. Studies conducted to date show 60% to 70% range.	Up to 8%	C (with the right surgeon, research suggests this could be a viable option, but you may want to avoid it until the controversy surrounding this procedure is resolved)	Normally \$7,000 – \$10,000 (but could be up to \$17,000)	No
Transoral gastric volume reduction (TGVR)	Restrictive	Needs more research	n/a	C (very promising, but still too new)	n/a	No
TOGA System	Restrictive	n/a	n/a	D (these technologies are something to look out for, but additional research is needed before we can recommend them)	Expected range from \$12,000 to \$13,000	No
EndoBarrier Endoluminal Lining	Mal-absorptive	n/a	n/a		Expected to range from \$5,000 – \$12,500	No
Implantable Maestro System	neither restrictive nor mal-absorptive; electrical impulses said to affect hunger	n/a	n/a		n/a	No

We developed the **Research Ranking scores using a combination of factors including supporting research for short- and long-term weight loss, complication rates, risk factors and insurance coverage.*

Percentages listed for the above types of bariatric surgery are meant to provide a rough idea for each procedure. No studies are available that directly compare all types of bariatric surgery, so we have combined the results of many studies.